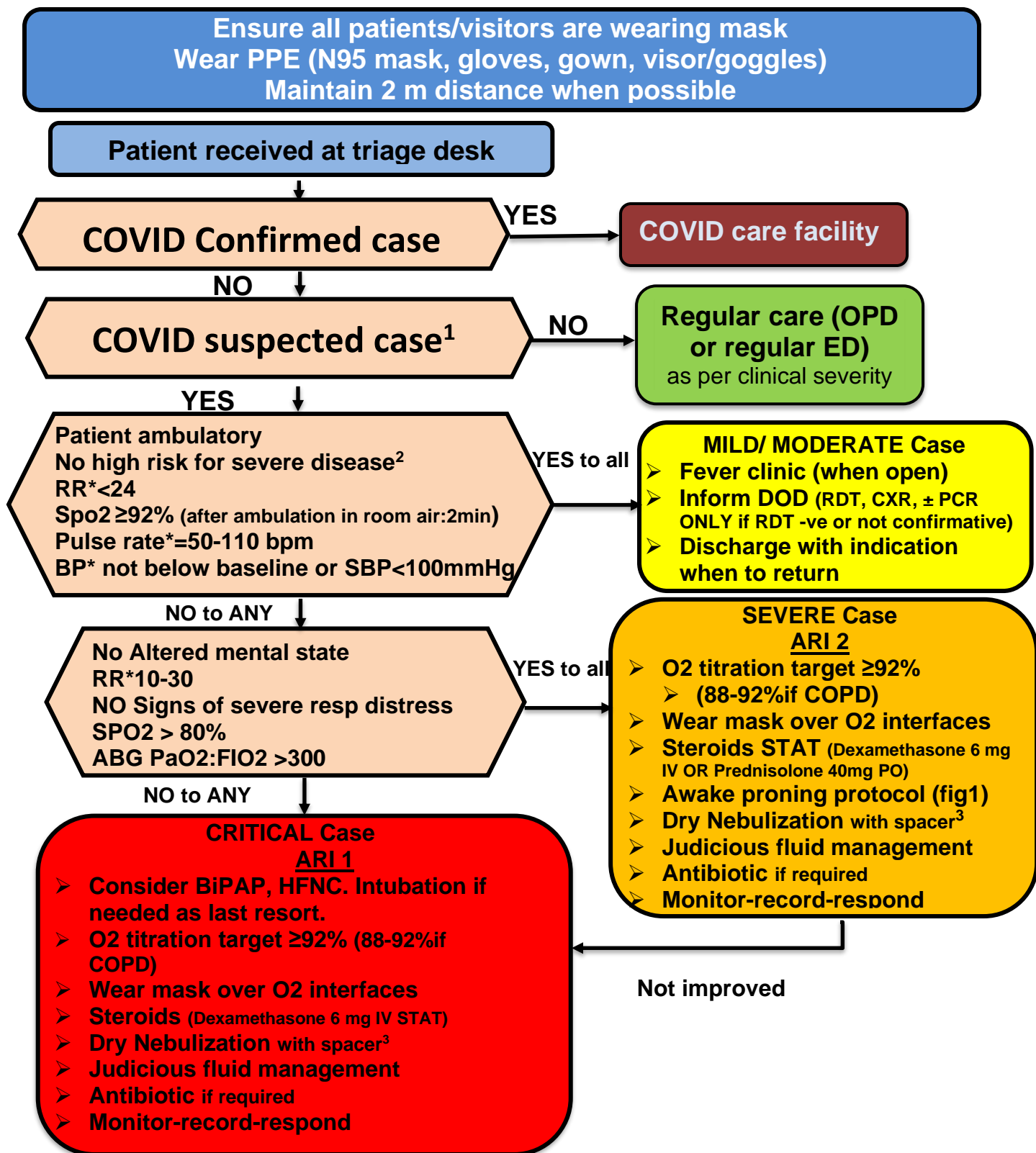




# COVID protocol for Emergency Department



# COVID protocol for Emergency Department

**Table 1: COVID suspected cases**

1. Acute onset of fever AND cough;  
OR
2. Acute onset of  $\geq 3$  of the following:  
Fever, cough, general weakness/fatigue, headache, myalgia, sore throat, coryza, dyspnea, anorexia/nausea/vomiting, diarrhea, altered mental status

**Table 2: High risk for severe disease**

1. Age > 60 yrs
2. Obesity
3. Cardiovascular Disease including HTN
4. Diabetes
5. Chronic lung/kidney/liver/CNS diseases
6. Tuberculosis or Other Immunocompromised condition

**Table 3: DRY Nebulization**

1. Select Spacer.
2. Prime with 10 puffs salbutamol if new
3. Shake the MDI, open the cap and insert into spacer.
4. Put mouthpiece of the spacer in mouth between teeth and close lips around it. Ensure maxima seal.
5. Instruct the patient to breathe in and out slowly
6. Press the canister once at the beginning of a slow inhalation. Instruct patient to take in 5 slow breaths
7. Give: Salbutamol (100mcg) 4 puff+ Ipratropium (20mcg) 4 puff

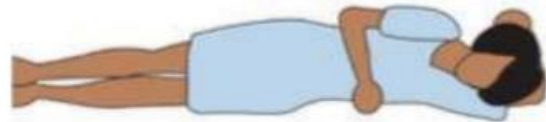
1. 30 minutes-2 hours: lying on your belly

१. ३० मिनेट देखि २ घन्टा: घोप्टो परेर सुत्ने वा घोप्टो परेर कुइनो, घुँडा र टाउकोले टेकेर बस्ने



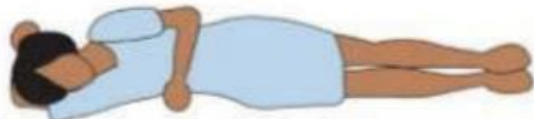
4. 30 minutes-2 hours: lying on your left side

४. ३० मिनेट देखि २ घन्टा: देब्रे कोल्टो फर्कने



2. 30 minutes-2 hours: lying on your right side

२. ३० मिनेट देखि २ घन्टा: दाहिने कोल्टो फर्कने



Then back to position #1. Lying on your belly  
अनि फेरि शुरुको (घोप्टो) आसनमा फर्कने

3. 30 minutes-2 hours: sitting up

३. ३० मिनेट देखि २ घन्टा: ठाडो बस्ने



Self Positioning Guide. Elmhurst Hospital\_SB  
आर्कै आसन बदल्ने निर्देशिका (एल्महर्स्ट अस्पताल, अमेरिका)

Fig.2. Awake prone